



Women's Professional Development Experience Strategies for Your Journey to "Balance" @ Work & Life

Friday, October 3, 2008

Renaissance Las Vegas Hotel, Paradise Rd.

Cost: \$399 Individual **Group Discount: \$349** for 3+ who co-register *Expires 8-15-08

8 a.m. Check-in & Networking 8:30 a.m. – 4:30 p.m. Day's Event

Networking Lunch & Snacks Included!

The issue of a deficit of "Balance" at work & home is well-known to business women today. Women articulate their need for more; we want more time, more clarity, more contentment, more quality of life. . . more "Balance."

The Coaching Dr.s provide authentic, proven strategies to help you map out your life toward your destination of Balance. This day of professional coaching & consulting on grasping Balance in your life will allow you to begin to enjoy more of all that life offers.

Join this journey toward living the life you desire by design – Register today!

Lead & Facilitated by 3 Business/Personal Coaches & Consultants :
Dr. Debbie Hedderly
Dr. Heidi Scott
Dr. Carol Turner



This professional development experience provides you the opportunities to enjoy a day of learning & networking & leave with:

- The beginnings of your Life Map™ completed – which you will design while immersed in guidance of self-reflection
- Specific steps of action to implement upon your return to work & home
- Strategies for Your Journey to "Balance" @Work & Life Learning Journal
- Ready to apply actions from your choice of breakout sessions on Balancing Demands in Your Season of Life:
 - Life on your own – (for whatever reason!)
 - Life with kids at home
 - Life as an empty nester (with and/or without a partner, whether the "nest" is empty because it was never filled or because they've flown off)

See www.goalrealization.net for Details & to Register

Or Call: Dr. Debbie (702) 524-8991, Dr. Heidi (509) 435-7470, or Dr. Carol (253) 277-2330